FIVE simple steps to using Dialectics

1. **DEFINE THE SYSTEM**
   - What is the situation or system that you are analyzing?
   - How did this situation develop?

2. **IDENTIFY THE CONTRADICTIONS**
   - What are the forces at play inside of this situation? What interests do those forces represent?
   - What are the contradictions in the situation? Name as many as you can.
   - Is one of the contradictions in rapid motion? Is this the primary contradiction?

3. **ANALYZE POSSIBLE RESOLUTIONS**
   - What would resolve the different contradictions in this situation?
   - Which contradiction if it were resolved would change the nature of the situation? Is that the fundamental contradiction?
   - How does this contradiction relate to the fundamental contradiction?
   - What is the fundamental contradiction in this situation?

4. **PLAN AN ACTION**
   - Are there external forces acting upon and influencing the development of the situation?
   - What quantitative changes might lead to qualitative change in the situation?
   - How might your actions change the situation? What actions might push the situation towards those quantitative changes and towards resolution of the fundamental contradiction?

5. **GET TO WORK**